





The main goal of Sail Training International is to educate and train the youth, irrespective of their nationality, culture, religion, gender or social background, with the aid of sailing courses and activities.



## **Event description**



For the first time in its history, SCF Black Sea Tall Ships Regatta 2014 takes place on the Black Sea, in a region worth visiting for its picturesque coastline, its maritime tradition, friendly inhabitants, gorgeous scenery, vibrant cities and historic architecture. The event has four host ports: Varna, Novorosiysk, Sochi and Constanţa. The competition starts in Varna on April 30 and finishes in Constanta on May 27. "Regatta" is a competition of tall ships, whether they be civilian, navy or training ship, with traditional sails or modern propelling system.

Youth can embark some of the boats participating in the Regatta through the "sail training" program





# Description of the "Sail Training" program



The "sail training" concept embodies the learning of sailing through interactions between professionals aboard a ship, trainees and the actual experience of sailing on the sea. The captain, crew and other persons (paid or doing volunteer work) help the trainees define the experience they are undergoing and assist them during their training voyage. Other individuals involved in the regatta may offer inspiration and guidance, as they demonstrate their own commitment to sailing. They are wonderful people whose involvement demonstrates their interest in youth training through active participation.

# Description of the "Sail Training" program

- The challenge of sea life trainees are being co-opted as crew members
- A complex experience much more than a sailing lesson
- It entails difficult challenges both physical and emotional
- It enhances self-confidence and responsibility
- It promotes cultural and social diversity and encourages making friends
- It promotes initiative and the wish to take up controlled risks and also help develop interpersonal, leadership, teamwork, communication and sailing abilities
- It is a positive, profound life experience whose lessons may be extrapolated to business

It does not require previous experience







# "Sea Adventure" sail training program

#### First two days

- Signing on the ships
- Learning rules on board and safety rules
- Preparations for the voyage
- Tall ship parade

#### **The Voyage**

- Trainees involvement in all ship activities under the officers' supervision
- Trainees participate in daily routine (sail manoeuvring; information on sailing techniques)
- Trainees also help with cooking and cleaning by rota
- Trainees go on watch and sail the boat under an officer's supervision

#### **Port events**

- Opening ceremony
- Sport events, crew parade, award giving ceremony, crew party, concerts
- Signing off the boat





# "Sea Adventure" sail training program







- 24-day voyage: Embarking in Varna on 2 May and signing off in Constanta on 26 May
- 15-day voyage: Embarking in Varna on 2 May and signing off in Sochi on 17 May
- 9-day voyage: Embarking in Sochi on 17 May and signing off in Constanta on 26 May





# "Sea Adventure" sail training program





#### All prices include:

- Full board accommodation for 9, 15 or 24 days aboard the ship
- Transport to and from the ship in Varna, Sochi or Constanta by car/plane
- All ship activities
- All port events that involve the crews (sports, crew parade, crew party)
- \* for singning in/off in Sochi you need a visa for Russia
- \* the prices for 9 and 15 days are subject to change (plane ticket prices are last calculated on February 15).







## **ATYLA**

Flag: SPAIN Launching: 1984

Length: 25.28 metres

Ship Type: 2 Masted Topsail Schooner Crew: 4 professional officers;

24 cadets (trainees)

Languages: Spanish, English, German, French,

Czech, Catalan

24-day voyage: Embarking in Varna on May 2 and signing off in

Constanta on May 26 Price: € 2,850

15-day voyage: Embarking in Varna on May 2 and signing off in

Sochi on May 17

**Price:** € 2,600

9-day voyage: Embarking in Sochi on May 17 and signing off in

Constanta on 26 May Price: € 1,800











## **ATYLA**

#### **Accommodation:**

4 cabins of 4 separate beds, en suite bathroom; living room with couches and TV

#### **Trainee life aboard:**

The number of trainees matches the average length of the ship to provide for an exhilarating experience. 4 is the ideal number to create a powerful crew and to allow the trainees to have fun, yet without feeling secondary. Trainees are regarded as crew members. They will be assigned tasks in accordance with what they think they can handle (supervised by a permanent crew member). They will be able to enjoy sailing the ship and to feel like a captain. There will be 2-person watches (captain / chief officer / second officer + a trainee) that last 3–4 hours.









# Ship description KALIAKRA

Flag: BULGARIA

Launching: 1984

Length: 52.37 metres
Ship type: Barquentine

Crew: 12 professional officers;

36 cadets (trainees)

Languages: Bulgarian, English, Russian

24-day voyage: Embarking in Varna on May 2 and signing

off in Constanta on May 26

**Price:** € 2,100

15-day voyage: Embarking in Varna on May 2 and signing

off in Sochi on May 17 Price: € 1,950

9-day voyage: Embarking in Sochi on May 17 and signing off

in Constanta on May 26 Price: € 1,400









## **KALIAKRA**

#### **Accommodation:**

5 two-bed cabins

1 six-bed dorm

1 nine-bed dorm

1 eleven-bed dorm

### **Trainee life aboard – daily routine:**

07.00 - 08.00 - Breakfast

08.01 – 12.00 – Briefing and commencement of activities

12.01 - 13.00 - Lunch

13.01 – 17.00 – Daily routine activities

17.01 – 17.30 – Preparations for dinner

17.31 - 18.30 - Dinner

23.00 - 07.00 - Rest

Irrespective of the daily schedule, all ship activities must be fulfilled by all personnel 24/7, whether officers or trainees. Activities may differ depending on the ship location (marching, at moor, moored to dock).







# Ship description ROYAL HELENA

Flag: BULGARIA

Launching: 2009

Length: 44.06 metres
Ship type: Brigantine

Crew: 8 professional officers;

39 cadets (trainees)

Languages: Spanish, English, German, French,

Czech, Catalan

24-day voyage: Embarking in Varna on May 2 and signing off in

**Constanta on May 26** 

**Price:** € 2,300 (dorm)

€ 3,000 (cabin)

15-day voyage: Embarking in Varna on May 2 and signing off in Sochi

on May 17

**Price:** € 1,900 (dorm)

€ 2,250 (cabin)

9-day voyage: Embarking in Sochi on May 17 and signing off in

**Constanta on May 26** 

Price: € 1,300 euro (dorm)

€ 1,700 euro (cabin)





## **ROYAL HELENA**

#### **Accommodation:**

8 cabins of 2 beds, en suite bathroom 1 seven-bed dorm, en suite bathroom

#### Trainee life aboard

Trainees participate in all ship activities. They go on watch, raise the sails and work aboard. However, they are not tasked to prepare and serve meals.

There are two 4-hour watches a day (e.g. 04.00 to 08.00 and 16.00 to 20.00).

00:00-04:00 and 12:00-16:00  $2^{nd}$  officer 04:00-08:00 and 16:00-20:00  $1^{st}$  officer 08:00-12:00 and 20:00-00:00 Captain

All of the officers and the crew on board have a lot of experience in working with trainees on sailing ships.









## **NADEZHDA**

Flag: RUSSIA

Launching: 1991

Length: 108.80 metres

Ship type: Topsail Schooner 2

Crew: 68 professional officers;

131 cadets (trainees)

Languages: English, Russian

24-day voyage: Embarking in Varna on May 2 and signing

off in Constanta on May 26

**Price:** € 2,250

15-day voyage: Embarking in Varna on May 2 and signing

off in Sochi on May 17 Price: € 1,850

9-day voyage: Embarking in Sochi on May 17 and signing off

in Constanta on May 26 Price: € 1,300







## **NADEZHDA**

#### **Accommodation:**

12 ten-bed cabins

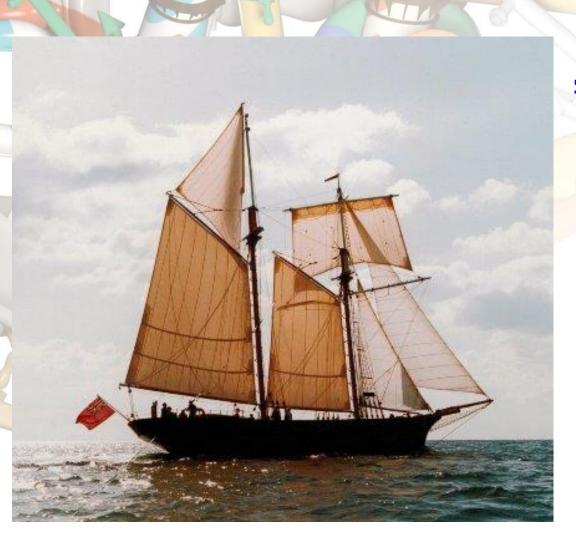
#### **Trainee life aboard:**

The trainees on board are involved in all ship's activities. During the stay on board they give watch, they work on the sails and on the deck.

All of the officers and the crew on board have a lot of experience in working with trainees on sailing ships.







# Ship description JOHANNA LUCRETIA

Flag: UNITED KINGDOM

Launching: 1945

Length: 27.68 metres
Ship type: Gaff Schooner 2

Crew: 6 professional officers;

10 cadets (trainees)

Languages: English

24-day voyage: Embarking in Varna on May 2 and signing

off in Constanta on May 26

**Price:** € 2,250

15-day voyage: Embarking in Varna on May 2 and signing

off in Sochi on May 17 Price: € 2,000

9-day voyage: Embarking in Sochi on May 17 and signing

off in Constanta on May 26

**Price:** € 1,400







## **JOHANNA LUCRETIA**

### **Accommodation:**

**Cabins** 

### **Trainee life aboard:**

There is a full watch system, where the trainees will take part in all aspects of sailing the ship (sail handling, helming, an introduction to navigation). The trainees will also help with cooking and cleaning on a rotational basis on a 4, 4, 4, 6, 6 hour watch system. There is a supervisor responsible for each watch, a cook/housekeeper responsible for cooking/cleaning and a captain who oversees everything.











## **Sports**

## **Images**

## Prizes ceremony







## **Crew parade**









## Contact

Razvan Dobre – Social Events Manager

Email: sales@tallshipsconstanta.ro

Official website: www.tallshipsconstanta.ro

https://www.facebook.com/TallShipsConstanta



Vega Travel is the official tourism agency for <a href="SCF BLACK SEA TALL SEA REGATTA 2014">SCF BLACK SEA TALL SEA REGATTA 2014</a> in Constanta



